i'm feeling hot, hot, hot...

# A LA CARTE HOT CATERING

lemon pepper roasted, bbg or mesquite lime chicken breast

1/2 pan (feeds 12-15) 65.00 • full pan (feeds 20-25) 125.00

grilled chicken cordon bleu

1/2 pan (feeds 12-15) 70.00 • full pan (feeds 20-25) 135.00

grilled marinated sliced flank steak

1/2 pan (feeds 12-15) 80.00 • full pan (feeds 20-25) 150.00

PASTA	1/2 pan (feeds 12-15)	full pan (feeds 20-25)
cavattapi maranara, alfredo or garlic & olive oil	45.50	65.50
with grilled veggies	60.00	90.00
with chicken	60.00	90.00
with meatballs	60.00	90.00
with flank steak	70.00	110.00
with shrimp	70.00	110.00
with blackened chicken	70.00	110.00

(feeds 12-15) 35.00 • (feeds 20-25) 60.00

SIDES

season veggies

## 4 grain medley

brown rice, barley, wild rice & tri-color quinoa

## oven roasted potatoes

#### homemade mac & cheese

#### add dinner rolls

(per 12) 15.00 • w/ PC butter +9.99

10 people minimum • 10% admin & delivery fee • all orders come with plates & utensils

gimme little drink...

pepsi, diet pepsi, and sierra mist / bottled water	1.99
assorted snapple / everfresh juices / saranac soda pop	2.99
party on	

# SPECIAL EVENTS

DISPLAYS	small (15-25)	medium (30-50)	large (60-100)
fresh veggie	40.00	90.00	140.00
fresh fruit	50.00	100.00	175.00
grilled veggie	45.00	110.00	160.00
relish display assortment giardiniera, gherkin, bread & butter chips, olive	40.00	90.00	140.00
cheese & cracker	60.00	135.00	190.00
upscale chef's choice cheese & cured meats	70.00	155.00	220.00

stir it up...

how sweet is the melody...

cookie tray

tomato spinach feta broccoli and cheddar lemon pepper chicken **DELICIOUS TREATS** 

1.99 PER PERSON assorted dessert trav 4.49 PER PERSON

## Minimum catering order: \$100.00

all catering orders include plates, napkins, utensils and condiments minimum 24 hours in advance for delivery orders minimum 48 hours in advance for hot catering orders cash, check, visa, mastercard, american express and discover are all accepted





spreading catering love...

585-292-9940 · LOVINCUP.COM

300 Park Point Drive • Suite 101 • Rochester, NY 14623



signed, sealed, delivered, i'm yours...

# **CATERING MENU**

#### ampin' it up lunch combo

(feeds 8-12) 140.00 • (feeds 12-16) 195.00 • (feeds 16-20) 255.00 • (feeds 20-24) 310.00 a combination of our specialty cold wraps and sandwiches, made with fresh ingredients and lots of love. comes with chips, pickles, your choice of one of our specialty salads (mac salad, pasta salad, green green grass or down with da 'caese') and a cookie tray

#### classic rock sandwich platter

9.99 PER PERSON

a combination of our specialty cold wraps and sandwiches, made with fresh ingredients and lots of love. comes with chips, and a pickle

## heart-shaped box lunch

10.99 PER PERSON

your choice of a sandwich or wrap, served with chips, a pickle and a cookie

#### ampin it up' box lunch

13.99 PER PERSON

your choice of a sandwich or wrap, served with chips, our pasta, mac or fruit salad, a pickle, and a cookie

love fixin's 11.99 PER PERSON

let your guests create their own perfect sandwich! we'll give you all the best fixin's — meats, cheeses, veggies, condiments and, of course, assorted breads

what a beautiful buzz...



stuck in the middle of two...

# **SANDWICHES**

## the jazz fusion

oven roasted turkey served on wheat bread, stuffed with tomatoes, green leaf lettuce, and provolone cheese

#### the joker

pit ham with green leaf lettuce, vine tomatoes, and swiss cheese served on rye bread

#### the slow ride

top round roast beef, served on a kaiser roll with lettuce, tomato, red onions, and swiss cheese

#### the free bird

chicken salad served on 100% whole wheat bread, topped with garden-crisp lettuce, red onions, and sprinkled with salt and fresh ground pepper

#### u2-n

albacore tuna salad on white bread, served with ripe tomatoes, and green leaf lettuce

#### hurdy curry man

our homemade curried chicken salad sandwich with roasted red peppers, golden raisins and apples, served on wheat bread

#### almond cranberry chick salad

white meat chicken, dried cranberries taosted almonds, onions, celery, carrots with a hint of honey on wheat bread with crisp leaf lettuce

# FRESH WRAPS

#### me & mr. jones

a sumptuous wrap with grilled chicken, guacamole, crisp bacon, monterey jack cheese, lettuce, salsa and ranch dressing

## wrapper's delight

a turkey club wrap with turkey, bacon, lettuce, tomato, swiss cheese, and sweet red pepper mayonnaise

## bowling green

a fresh wrap with roasted garlic hummus, shredded carrots, avocado, tomatoes, cucumbers, topped with spring mix & homemade red pepper coulis

#### canned hea

chicken, black beans, corn, tomatoes, spring mix, sprinkled with cheddar jack cheese, and topped with mex-ranch

#### baba o'riley

spring mix, tomatoes, red onions, roasted red peppers, avocado, feta cheese, and dill vinaigrette

#### heartbreaker

buffalo style grilled chicken breast smothered with creamy bleu cheese dressing with lettuce and tomato

## fields forever...

# SPECIALTY SALADS

#### green, green grass

our fresh house salad, complete with mixed greens, tomatoes, carrots, cucumbers, red onions, sprouts and homemade croutons

#### down with da 'cease'

romaine lettuce, red onions, asiago cheese, and croutons, tossed with a creamy caesar dressing

(feeds 7-10) 29.99 • (feeds 10-15) 44.99 • (feeds 20-25) 64.99

#### tangled up in bleu

mixed field greens, craisins, mandarin oranges, walnuts, crumbled bleu cheese, and croutons, served with balsamic vinaigrette

#### rage againt the green

fresh mixed greens tomatoes, black beans, corn, red bell peppers, cheddarjack cheese & quacomole w/ mex ranch dressing

small (feeds 7-10) 39.99 • medium (feeds 10-15) 64.99 • large (feeds 20-25) 84.99

add-on: chicken 30.00 • flank steak 45.00 • shrimp 45.00 • tofu 30.00

fruit salad

#### macaroni salad

carrots, celery and mayo with macaroni pasta

pasta salad

fresh, seasonal fruits served family style

(feeds 7-10) 34.99 • (feeds 10-15) 49.99 • (feeds 20-25) 69.99

# RIDIN' SOLO

Individual salads to go! Comes with a cookie.

green, green grass 11.99 rage against the green 12.99 ty cohb 14.99 down with da 'caese' 12.99 flank zappa 12.99 tangled up in bleu 12.99

see full descriptions on lovincup.com

## GRAIN BOWLS

(feeds 7-10) \$69.99

add-on: chicken 30.00 • flank steak 45.00 • shrimp 30.00 • tofu 30.00

individual grain bowls to go 14.00

add-on:

chicken, flank steak, shrimp, or tofu 17.00

