i'm feeling hot, hot, hot...

A LA CARTE HOT CATERING

lemon pepper roasted, bbq or mesquite lime chicken breast

1/2 pan (feeds 12-15) 65.00 • full pan (feeds 20-25) 125.00

grilled chicken cordon bleu

1/2 pan (feeds 12-15) 70.00 • full pan (feeds 20-25) 135.00

grilled marinated sliced flank steak

w/ diced bacon, bleu cheese, & balsamic reduction

1/2 pan (feeds 12-15) 80.00 • full pan (feeds 20-25) 150.00

PASTA	1/2 pan (feeds 12–15) •	full pan (feeds 20–25)
cavattapi maranara, alfredo or garlic & olive oil	45.50	65.50
with grilled veggies	60.00	90.00
with chicken	60.00	90.00
with meatballs	60.00	90.00
with flank steak	70.00	110.00
with shrimp	70.00	110.00
with blackened chicken	70.00	110.00
SIDES	(feeds 12-15) 35 .00	• (feeds 20-25) 60.00

season veggies

* chefs choice

4 grain medley

brown rice, barley, wild rice & tri-color quinoa

oven roasted potatoes

roasted to a perfect crisp & seasoned Montreal-style, with fresh garli

homemade mac & cheese

cavattapi tossed in creamy homemade cheddar cheese sauc

add dinner rolls

(per 12) 15.00 • w/ PC butter +9.99

10 people minimum • 10% admin & delivery fee • all orders come with plates & utensils

gimme little drink...

BEVERAGES

oepsi, diet pepsi, and sierra mist / bottled water	1.99
assorted snapple / everfresh juices / saranac soda pop	2.99
party on	

SPECIAL EVENTS

DISPLAYS	small (15-25)	medium (30-50)	large (60-100)
fresh veggie	40.00	90.00	140.00
fresh fruit	50.00	100.00	175.00
grilled veggie	45.00	110.00	160.00
relish display assortment giardiniera, gherkin, bread & butter chips, olive	40.00	90.00	140.00
cheese & cracker	60.00	135.00	190.00
upscale chef's choice cheese & cured meats	70.00	155.00	220.00

stir it up...

how sweet is the melody...

4.99 PER PERSON **DELICIOUS T**

cookie tray

assorted dessert tray

tomato spinach feta broccoli and cheddar lemon pepper chicken 1.99 PER PERSON 4.49 PER PERSON

Minimum catering order: \$100.00

all catering orders include plates, napkins, utensils and condiments
minimum 24 hours in advance for delivery orders
minimum 48 hours in advance for hot catering orders
cash, check, visa, mastercard, american express and discover are all accepted





spreading catering love...

585-292-9940 · LOVINCUP.COM

300 Park Point Drive • Suite 101 • Rochester, NY 14623



signed, sealed, delivered, i'm yours...

CATERING MENU

ampin' it up lunch combo

(feeds 8-12) 140.00 • (feeds 12-16) 195.00 • (feeds 16-20) 255.00 • (feeds 20-24) 310.00 a combination of our specialty cold wraps and sandwiches, made with fresh ingredients and lots of love. comes with chips, pickles, your choice of one of our specialty salads (mac salad, pasta salad, green green grass or down with da 'caese') and a cookie tray

classic rock sandwich platter

9.99 PER PERSON

a combination of our specialty cold wraps and sandwiches, made with fresh ingredients and lots of love. comes with chips, and a pickle

heart-shaped box lunch

10.99 PER PERSON

your choice of a sandwich or wrap, served with chips, a pickle and a cookie

ampin it up' box lunch

13.99 PER PERSON

your choice of a sandwich or wrap, served with chips, our pasta, mac or fruit salad, a pickle, a cookie and a drink

love fixin's 11t.99 PER PERSON

let your guests create their own perfect sandwich! we'll give you all the best fixin's — meats, cheeses, veggies, condiments and, of course, assorted breads what a beautiful buzz...



stuck in the middle of two...

SANDWICHES

the jazz fusion

oven roasted turkey served on wheat bread, stuffed with tomatoes, green leaf lettuce and provolone cheese

the joker

t ham with green leaf lettuce, vine tomatoes, and swiss cheese served on rye bread

the slow ride

top round roast beef, served on a kaiser roll with lettuce, tomato, red onions, and swiss cheese

the free bird

chicken salad served on 100% whole wheat bread, topped with garden-crisp lettuce red onions, and sprinkled with salt and fresh ground pepper

u2-na

albacore tuna salad on white bread, served with ripe tomatoes, and green leaf lettuc

hurdy curry man

our homemade curried chicken salad sandwich with roasted red peppers, golden raisins and apples, served on wheat bread

almond cranberry chick salad

white meat chicken, dried cranberries taosted almonds, onions, celery, carrots with a hint of honey on wheat bread with crisp leaf lettuce

FRESH WRAPS

me & mr. jones

a sumptuous wrap with grilled chicken, guacamole, crisp bacon, monterey jack cheese, lettuce, salsa and ranch dressing

wrapper's delight

a turkey club wrap with turkey, bacon, lettuce, tomato, swiss cheese, and sweet red pepper mayonnaise

bowling green

a fresh wrap with roasted garlic hummus, shredded carrots, avocado, tomatoes, cucumbers, topped with spring mix & homemade red pepper coulis

canned heat

chicken, black beans, corn, tomatoes, spring mix, sprinkled with cheddar jack cheese, and topped with mex-ranch

baba o'riley

spring mix, tomatoes, red onions, roasted red peppers, avocado, feta cheese, and dill vinaigrette

heartbreaker

buffalo style grilled chicken breast smothered with creamy bleu cheese dressing with lettuce and tomato

fields forever...

SPECIALTY SALADS

green, green grass

our fresh house salad, complete with mixed greens, tomatoes, carrots, cucumbers, red onions, sprouts and homemade croutons

down with da 'cease'

romaine lettuce, red onions, asiago cheese, and croutons, tossed with a creamy caesar dressing

(feeds 7-10) 29.99 • (feeds 10-15) 44.99 • (feeds 20-25) 64.99

tangled up in bleu

mixed field greens, craisins, mandarin oranges, walnuts, crumbled bleu cheese, and croutons, served with balsamic vinaigrette

rage againt the green

fresh mixed greens tomatoes, black beans, corn, red bell peppers, cheddarjack cheese & quacomole w/ mex ranch dressing

small (feeds 7-10) 39.99 • medium (feeds 10-15) 64.99 • large (feeds 20-25) 84.99

add-on: chicken 30.00 • flank steak 45.00 • shrimp 45.00 • tofu 30.00

macaroni salad

fruit salad

pasta salad

carrots, celery and mayo with macaroni pasta

fresh, seasonal fruits served family style

(feeds 7-10) 34.99 • (feeds 10-15) 49.99 • (feeds 20-25) 69.99

RIDIN' SOLO

Individual salads to go! Comes with a cookie.

green, green grass 11.99 rage against the green 12.99 tv cobb 14.99 down with da 'caese' 12.99 flank zappa 12.99 tangled up in bleu 12.99

see full descriptions on lovincup.com

GRAIN BOWLS

(feeds 7-10) \$69.9

add-on: chicken 30.00 • flank steak 45.00 • shrimp 30.00 • tofu 30.00

individual grain bowls to go 14.00

chicken, flank steak, shrimp, or tofu 17.00

