

i'm feeling hot, hot, hot...

## A LA CARTE HOT CATERING

lemon pepper roasted, bbq or mesquite lime chicken breast

1/2 pan (feeds 12-15) 75.00 • full pan (feeds 20-25) 145.00

grilled chicken cordon bleu

1/2 pan (feeds 12-15) 75.00 • full pan (feeds 20-25) 145.00

grilled marinated sliced flank steak

w/ diced bacon, bleu cheese, & balsamic reduction

1/2 pan (feeds 12-15) 95.00 • full pan (feeds 20-25) 180.00

## PASTA

|   | 1/2 pan (feeds 12-15) | • | full pan (feeds 20-25) |
|---|-----------------------|---|------------------------|
| cavattapi maranara, alfredo or garlic & olive oil | 45.50                 | • | 65.50                  |
| with grilled veggies                              | 60.00                 | • | 90.00                  |
| with chicken                                      | 60.00                 | • | 90.00                  |
| with meatballs                                    | 60.00                 | • | 90.00                  |
| with flank steak                                  | 70.00                 | • | 110.00                 |
| with shrimp                                       | 70.00                 | • | 110.00                 |
| with blackened chicken                            | 70.00                 | • | 110.00                 |

## SIDES

(feeds 12-15) 45.50 • (feeds 20-25) 65.00

season veggies

\* chefs choice

4 grain medley

brown rice, barley, wild rice & tri-color quinoa

oven roasted potatoes

roasted to a perfect crisp & seasoned Montreal-style, with fresh garlic

homemade mac & cheese

cavattapi tossed in creamy homemade cheddar cheese sauce

add dinner rolls

(per 12) 12.75 • w/ homemade garlic butter +9.99

10 people minimum • 10% admin & delivery fee • all orders come with plates & utensils

gimme little drink...

## BEVERAGES

pepsi, diet pepsi, and sierra mist / bottled water

1.75

assorted snapple / everfresh juices / saranac soda pop

2.75

party on...

## SPECIAL EVENTS

### DISPLAYS

|  | small<br>(15-25) | medium<br>(30-50) | large<br>(60-100) |
|--|------------------|-------------------|-------------------|
| fresh veggie                               | 30.00            | 75.00             | 125.00            |
| fresh fruit                                | 30.00            | 75.00             | 125.00            |
| grilled veggie                             | 45.00            | 110.00            | 160.00            |
| cheese & cracker                           | 45.00            | 110.00            | 160.00            |
| upscale chef's choice cheese & cured meats | 55.00            | 130.00            | 180.00            |

stir it up...

## SOUPS 4.50 PER PERSON

tomato spinach feta  
broccoli and cheddar  
lemon pepper chicken

how sweet is the melody...

## DELICIOUS TREATS

cookie tray 1.99 PER PERSON  
assorted dessert tray 3.99 PER PERSON

Minimum catering order: \$50.00

all catering orders include plates, napkins, utensils and condiments

all orders need to be submitted at least 24 hours in advance

cash, check, visa, mastercard, american express and discover are all accepted



  
**lovin'cup**<sup>®</sup>  
bistro & brews

spreading catering love...

585-292-9940 • LOVINCUP.COM

300 Park Point Drive • Suite 101 • Rochester, NY 14623

mon 11am-11pm

tues & wed 11am-midnight

thurs, fri & sat 11am-2am

sun 12pm-10pm



signed, sealed, delivered, i'm yours...

## CATERING MENU

### ampin' it up lunch combo

(feeds 8-12) 125.00 • (feeds 12-16) 175.00 • (feeds 16-20) 230.00 • (feeds 20-24) 285.00

a combination of our specialty cold wraps and sandwiches, made with fresh ingredients and lots of love. comes with chips, pickles, your choice of one of our specialty salads (mac salad, pasta salad, green green grass or down with da 'caese') and a cookie tray

### classic rock sandwich platter

8.99 PER PERSON

a combination of our specialty cold wraps and sandwiches, made with fresh ingredients and lots of love. comes with chips, and a pickle

### heart-shaped box lunch

9.99 PER PERSON

your choice of a sandwich or wrap, served with chips, a pickle and a cookie

### ampin it up' box lunch

12.50 PER PERSON

your choice of a sandwich or wrap, served with chips, our pasta, mac or fruit salad, a pickle, a cookie and a drink

what a beautiful buzz...



stuck in the middle of two...

## SANDWICHES

### the jazz fusion

oven roasted turkey served on wheat bread, stuffed with tomatoes, green leaf lettuce, and provolone cheese

### the joker

pit ham with green leaf lettuce, vine tomatoes, and swiss cheese served on rye bread

### the slow ride

top round roast beef, served on a kaiser roll with lettuce, tomato, red onions, and swiss cheese

### the free bird

chicken salad served on 100% whole wheat bread, topped with garden-crisp lettuce, red onions, and sprinkled with salt and fresh ground pepper

### u2-na

albacore tuna salad on white bread, served with ripe tomatoes, and green leaf lettuce

### hurdy curry man

our homemade curried chicken salad sandwich with roasted red peppers, golden raisins and apples, served on wheat bread

### almond cranberry chick salad

white meat chicken, dried cranberries toasted almonds, onions, celery, carrots with a hint of honey on wheat bread with crisp leaf lettuce

## FRESH WRAPS

### me & mr. jones

a sumptuous wrap with grilled chicken, guacamole, crisp bacon, monterey jack cheese, lettuce, salsa and ranch dressing

### wrapper's delight

a turkey club wrap with turkey, bacon, lettuce, tomato, swiss cheese, and sweet red pepper mayonnaise

### bowling green

a fresh wrap with roasted garlic hummus, shredded carrots, avocado, tomatoes, cucumbers, topped with spring mix & homemade red pepper coulis

### canned heat

chicken, black beans, corn, tomatoes, spring mix, sprinkled with cheddar jack cheese, and topped with mex-ranch

### baba o'riley

spring mix, tomatoes, red onions, roasted red peppers, avocado, feta cheese, and dill vinaigrette

### heartbreaker

buffalo style grilled chicken breast smothered with creamy bleu cheese dressing with lettuce and tomato

fields forever...

## SPECIALTY SALADS

### green, green grass

our fresh house salad, complete with mixed greens, tomatoes, carrots, cucumbers, red onions, sprouts and homemade croutons

### down with da 'cease'

romaine lettuce, red onions, asiago cheese, and croutons, tossed with a creamy caesar dressing

(feeds 7-10) 29.99 • (feeds 10-15) 44.99 • (feeds 20-25) 64.99

### tangled up in bleu

mixed field greens, craisins, mandarin oranges, walnuts, crumbled bleu cheese, and croutons, served with balsamic vinaigrette

### rage against the green

fresh mixed greens tomatoes, black beans, corn, red bell peppers, cheddarjack cheese & quacomole w/ mex ranch dressing

small (feeds 7-10) 39.99 • medium (feeds 10-15) 64.99 • large (feeds 20-25) 84.99

add-on: chicken 30.00 • flank steak 45.00 • shrimp 45.00 • tofu 30.00

### macaroni salad

carrots, celery and mayo with macaroni pasta

### fruit salad

fresh, seasonal fruits served family style

### pasta salad

(feeds 7-10) 34.99 • (feeds 10-15) 49.99 • (feeds 20-25) 69.99

## RIDIN' SOLO

Individual salads to go! Comes with a cookie.

green, green grass 9.99

down with da 'caese' 10.99

rage against the green 10.99

flank zappa 13.49

ty cobb 13.49

tangled up in bleu 10.99

see full descriptions on lovincup.com

## GRAIN BOWLS

(feeds 7-10) \$69.99

add-on: chicken 30.00 • flank steak 45.00 • shrimp 30.00 • tofu 30.00

individual grain bowls to go 14.00

add-on:

chicken, flank steak, shrimp, or tofu 17.00

